

MONTHLY NEWSLETTER

APRIL 2024 | Vol. XXVIII



VISION

“A literate, healthy and self-reliant Community”

MISSION

- *Identify and work with socially and economically backward people, especially girls and differently-abled;**
- *Enhance people’s skills, especially of the youth;**
- *Promote community self-reliance through community participation.**

ABOUT NIPUN

“NIPUN” - a Hindi word, meaning ‘one who is skilled’ - is a Non Government Organization founded by a group of socially conscious development workers in 2005.

Its primary aim is to enhance quality of life of the poor and the vulnerable children, youth and women are its target group, with physically and mentally challenged children and adult forming a priority category. Pre, Non-formal and Remedial Schools, Community Health Programmes and Promotion of Self Help Groups form its major strategies.

- Empanelled by National CSR Hubs of TISS**
- Empanelled by Institute of Corporate Affairs**
- Registered for undertaking CSR activities, Ministry of Corporate Affairs, Govt. of India (Reg no. CSR00004761)**

SUPPORT

You can join our efforts by contributing your time, skills or money for strengthening and improving our programmes. You can also donate computers, books, toys, medicines, ration, furniture etc. for our various programmes. Please note that donations made to NIPUN are eligible for 50% tax exemption under Sec 80G of the IT Act.



CSR initiative for empowering the Young Entrepreneurs

The trainees of NIPUN are happy to receive brand new Desktop Computers and a laptop for our Vocational Training Center.

This milestone was made possible through the generous support of Shri. Rajinder Khanna, Director of Ellsworth Adhesives India Private Limited, along with Ms. Chandni from the HR Department and Ms. Priyanka Dhanuka from the Account Section, who joined us for the inauguration ceremony on April 12th, 2024, at our Center in West Delhi.

The event commenced with a traditional welcome extended to our esteemed guests, followed by the ceremonial lighting of the lamp and ribbon cutting. Our guests had the opportunity to interact with our beneficiaries, which proved to be incredibly motivating for everyone involved.



Beta Beti Mein Bhed Na Karein, Aao Sabh Milkar School Chaley - Admission Drive

Like every year, this year also, NIPUN conducted the School Chalo Abhiyan 2024 (Admission Drive) with the aim of providing educational opportunities to economically disadvantaged sections of society, particularly migrant populations residing in slum communities. In April 2024, NIPUN volunteers organized an admission drive to facilitate the enrolment of children who had either discontinued their education or had never been enrolled, with a special emphasis on girls, in Municipal Corporation of Delhi/Government Schools.

The NIPUN team employed various strategies to identify and engage potential students, including door-to-door campaigns, community meetings, and individual and group counseling involving all stakeholders. Parents and children received support throughout the registration process, and the initiative was carried out in collaboration with the local community and children.

The program yielded significant success, resulting in the enrolment of over 150 children. This admission drive represents a crucial step towards promoting education and empowering underprivileged children, particularly girls, by providing them with the necessary resources and opportunities for success.



Celebrating the Creativity of Our Children at Balwadi Unit

At our Balwadi unit, we have been witness to an explosion of creativity from our talented young learners. Through a variety of mediums including spray painting, using straws, and even utilizing unconventional materials like vegetables and leaves, our children have brought vibrant and imaginative artwork to life. Each piece of art tells a unique story, reflecting the boundless imagination and creativity of our young participants. From abstract compositions to intricate designs inspired by nature, the artwork showcases the diverse talents and interests of our budding artists.

Through these creative endeavors, our children not only express themselves but also develop important skills such as fine motor control, spatial awareness, and problem-solving. They learn to experiment with different materials and techniques, fostering a sense of curiosity and exploration. We at NIPUN are incredibly proud of our young artists and their remarkable achievements. Their colorful paintings serve as a testament to the power of creativity and the importance of nurturing it in every child. We look forward to continuing to support and encourage their artistic endeavors as they grow and flourish in our Balwadi unit.



A Session on Menstrual Health Management

NIPUN- Swagat Kendra, South West District, Delhi, organized an awareness session on personal health and hygiene issues with Bridge Course learners. During the session, the resource person disseminated information on menstrual health and hygiene and its management.

Before concluding, the session clarified myths and doubts of participants.



Empowering Marginalized Children: Swagat Kendra Initiative by NIPUN

NIPUN's Swagat Kendra stands as a beacon of hope, specially crafted to meet the educational needs of a frequently overlooked demographic: children who have either dropped out of school or never had the opportunity to enroll. Nestled in Delhi's South East District, this NIPUN initiative directly responds to the challenges faced by marginalized communities, extending a heartfelt invitation to all. In households grappling with uncertain incomes, education often takes a backseat, particularly affecting girls. Here, Swagat Kendra intervenes, delivering tailored education for children aged 3 to 14, bridging educational disparities and readying them for mainstream schooling.

Yet, Swagat Kendra transcends academics alone. It nurtures latent talents through workshops encompassing art, craft, dance, and music, promoting holistic development. Furthermore, comprehensive support forms the bedrock. Enrolled children benefit from supplementary nutrition, healthcare services, Yoga sessions, and growth monitoring. Central to its mission is community engagement. Parent-teacher meetings and awareness campaigns on pivotal issues such as sanitation, the POCSO Act, and women's empowerment forge connections and foster mutual understanding. Swagat Kendra epitomizes the transformative potential of education, affording every child the opportunity to flourish, irrespective of their circumstances.



Quality vocational training programs enhancing skill set of underprivileged youth

NIPUN is imparting quality vocational education training programs for underprivileged youth, enabling them to become self-reliant and earn a respectable living for themselves and their families while contributing to the progress of the nation. Recently, NIPUN organized an alumni meet for youths who have successfully completed vocational courses such as Basic Computer, Retail Management, Tally & Accounting Cutting and Tailoring, Fashion Designing, Beauty Culture, and Health Care. These youths have secured job opportunities in BPOs, retail, boutique shops, beauty salons, or have established their own units, earning a respectable income. The main objective of the meet was to enable them to share their experiences with current learners, thereby motivating the youth to develop entrepreneurial skills. On the day, certificates were distributed by Shri. Pradeep Kumar, the Founder Secretary of NIPUN, to learners who had just successfully completed the 6-month course.

Earlier in the past week, Team NIPUN organized a series of community awareness and admission drive cum counseling sessions with youths and their parents through door-to-door home visits, leaflet distribution, corner meetings, and counseling stalls. During the drive, a large number of youths, especially girls, turned out, and a total of 210 young individuals interacted with the counseling team and registered their names for the admission screening test. Simultaneously, the admission drive team individually clarified queries regarding various skill training courses and job placement opportunities. Overall, the admission drive concluded successfully with a positive outcome.

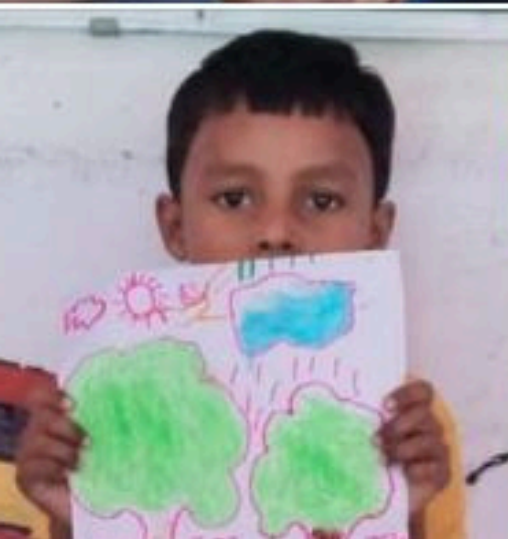


Free Health Check-up Camp for Underprivileged Children

The main objectives of the health check-up camp are to provide age-appropriate information about health and nutrition to the children and their parents, and to promote healthy behaviors among the children that they will carry with them throughout their lives.

NIPUN's efforts are not only focused on education but also extend to ensuring the well-being of the communities we serve, including beneficiaries from urban slums where we are actively working for their holistic development. Our community health awareness program reaches out to urban slum communities, educating workers on essential health practices and hygiene for a healthier lifestyle.

On April 18, 2024, at Swavalamban Clinic, we organized a free health check-up camp for underprivileged children with the support of Dr. Kalyani Mishra. During the camp, a total of 31 children received prescriptions for skin, cough, stomach, and seasonal diseases, along with counseling sessions.



World Earth Day 2024 - Planet vs Plastics

The annual event of World Earth Day falls on April 22nd. The theme for World Earth Day 2024 is 'Planet vs Plastics,' aiming to draw attention to the serious issue of plastic pollution and its harmful effects on nature. The children of NIPUN actively participated in various events and activities to raise awareness about environmental issues and promote sustainable practices.

They organized discussions, corner meetings, slogan writing, cultural activities, and street walks with placards throughout the community, inspiring others to take concrete action to address climate issues.

Additionally, the children organized planting drives in various parts of the community to encourage reforestation efforts, and clean-up drives to promote waste management and recycling. Overall, the Earth Day activities organized by the children of NIPUN were a great success in promoting environmental awareness and inspiring sustainable practices in their community, including reducing the use of plastics in their daily lives.



Chunav Ka Parv, Desh Ka Garv

NIPUN received an invitation from the District Election Office, District North/Office of the Returning Officer, regarding a Voter Awareness Event for Transgender individuals “Chunav Ka Parv, Desh Ka Garv,” scheduled for April 19, 2024, at the APMC auditorium, Sarai Pipal Thala, Azadpur, Delhi-110033. The event was organized by the District Election Office/DC North, Government of the National Capital Territory of Delhi. NIPUN is executing a Targeted Intervention (TG-TI) project in Kapashera, in South West Delhi, where services are provided to hundreds of the Third Gender (Transgender) individuals who are registered with us.

NIPUN, in collaboration with the District Magistrate Office, South West District, Delhi, has registered Third Gender (Transgender) individuals as electors in Delhi. As of now, we have enrolled more than 350 Third Gender (Transgender) individuals in the electoral roll of the South-West district, Delhi. In the presence of Shri. Yash Choudhry, IAS, District Magistrate/DEO, North/Returning Officer, Chandini Chowk, Ms. Asha, Counselor at NIPUN, was honoured and received a memento on behalf of the NIPUN team for the inspiring work with the Third Gender (Transgender) community, motivating them to enroll in the electoral roll and exercise their franchise.

Kalakreeti - Art Activity for Tiny Tots at NIPUN

At NIPUN, on April 23, 2024, an art activity called 'Kalakreeti' was organized, aimed at nurturing the imaginative and artistic talents of preschoolers.

These young talents created vibrant art pieces of their choice, such as butterflies, flowers, trees, huts, and more.

The tiny tots enthusiastically displayed their drawings and paintings, showcasing their creativity and skills. It was a spirited and joyful activity that saw active participation from the children, fostering their love for art and imagination.



Spreading Joy Among Underprivileged Children

Students from Bosco Public School, Sunder Vihar, Paschim Vihar, New Delhi, recently paid a visit to our Education Centers in West Delhi's slum communities. Welcomed with traditional warmth by the children from our Empowering Girl Child unit, they engaged in cultural exchanges and interactive sessions, sharing their experiences and thoughts.

In a gesture of kindness, the Bosco Public School students generously donated stationery to those in need. NIPUN extends heartfelt gratitude for their thoughtful support, applauding their efforts to bring smiles to the faces of our children. We deeply appreciate their dedication and enthusiasm in spreading joy during their visit. Thank you for being a vital part of our mission to positively impact the lives of these children.



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Empowering Health and Hygiene in Underprivileged Communities

NIPUN operates day care centers and crèches in Noida and Greater Noida, catering specifically to children from families of construction workers, who often face hardships and lack basic amenities.

To address their pressing needs, NIPUN initiated a program providing sanitary pads to adolescent girls and women, supporting their health and well-being. Furthermore, NIPUN conducts educational sessions and workshops on personal health and hygiene within these communities. These efforts empower individuals with essential knowledge and tools to prioritize their health, fostering a healthier community.



Empowering Mothers: Promoting Health and Hygiene Awareness at Our Day Care Center in Greater Noida

A special meeting was arranged, bringing together 42 mothers who work on construction sites at our Day Care Center and Crèches located in Greater Noida.

The primary focus of this gathering was to sensitively educate and inform the mothers about various crucial aspects related to personal health and hygiene, childcare practices, primary immunization schedules, encouraging alternatives to diaper usage, and the significance of breastfeeding for the optimal well-being of their children.



ट्रांसजेंडर के अधिकारों पर की चर्चा

शाह टाइम्स संवाददाता

नई दिल्ली। निपुण स्वयंसेवी संस्था ने दिल्ली स्टेट एड्स कंट्रोल सोसाएटी के सहयोग से चल रहे टार्गेट इंटरवेंशन प्रोजेक्ट के तहत ट्रांसजेंडर समुदाय के सशक्तिकरण एवं उनके अधिकारों को लेकर एक सभा का आयोजन किया जिसमें बड़ी संख्या में कापसहेड, नजफगढ़, द्वारका और काली बस्ती समुदाय इत्यादि क्षेत्रों से ट्रांसजेंडरों ने भाग लिया।

इस कार्यक्रम का प्रमुख उद्देश्य ट्रांसजेंडर समुदाय के सशक्तिकरण एवं भारत सरकार द्वारा चलाये जा रहे विभिन्न कार्यक्रम एवं सेवाओं से अवगत कराकर उनके लाभ से जोड़ना है और उन्हें सशक्त व आत्म निर्भर बनाना है। कार्यक्रम का शुभारम्भ मुख्य अतिथि अधिवक्ता, सुशील कुमार तथा नवीन कुमार कोटिया, दिल्ली लीगल सर्विस प्राधिकरण, साउथ वेस्ट जिला तथा ट्रांसजेंडर समुदाय द्वारा दीप प्रज्वलन से हुआ। प्रदीप कुमार, सचिव निपुण ने उपस्थित

ट्रांसजेंडर समुदाय का हार्दिक अभिनंदन एवं स्वागत किया। सुशील कुमार और नवीन कुमार कोटिया ने ट्रांसजेंडरों हेतु विभिन्न अधिकारों के बारे में समझाया जैसे - ट्रांसजेंडर व्यक्तियों से भेदभाव पर प्रतिबंध, शिक्षा का अधिकार, रोजगार का अधिकार, स्वास्थ्य सेवा का अधिकार कहीं आने-जाने (मूवमेंट) का अधिकार, इत्यादि के बारे में बताया और उसको प्राप्त करने के प्रावधानों का भी उल्लेख किया।

इसके साथ ही साथ गरीबी से छुटकारा पाने के लिए स्वयं सहायता समूह का बनाना एवं उसके फायदे भी बताये। इस अवसर पर ट्रांसजेंडर समुदाय से आशा, राशि, कजरी एवं पुनम ने अपने सशक्तिकरण, और चुनौतियों के अनुभवों को सभी के साथ बांटा। निपुण संस्था ने सभी के लिए दोपहर का भोजन भी आयोजन किया। इस सभा को सफल बनाने में मोहित आशा, बाबूलाल, जरीना, पुनम, अमृता, रामकुमार एवं कार्यकर्ताओं ने बह-चढ़ कर भाग लिया।

भाज प्रत्याशि

शाह टाइम्स संवाददाता
नई दिल्ली लोकसभा चुनाव धनखड़ दिल्ली प्रत्याशियों, चुनाव एवं सदस्यों के सा चुनाव तैयारियों की सभी बैठकों भाजपा अध्यक्ष वी प्रभारी डा. अल्व महामंत्री पवन राण जगदीश मुखी, विज को उपस्थित हैं : चुनाव संचालन र महावर ने किया। नेताओं की आज क लोकसभा प्रत्याशि र सिंह बिष्टू, र

निपुण ने झुग्गी -झोपड़ी की किशोरियों को सिखाया जीवन कौशल का गुण

नई दिल्ली, (वीअ)।

निपुण स्वयंसेवी संस्था ने मीरा बाग एवं बंगाली कैप जे.जे. कालोनी, पश्चिमी दिल्ली, झुग्गी - झोपड़ी के युवा किशोरियों हेतु जीवन कौशल शिक्षा कार्यक्रम का आयोजन किया। इस

अवसर पर झुग्गी - झोपड़ी से बड़ी संख्या में युवा किशोरियों ने बढ़-चढ़कर हिस्सा लिया, साथ ही साथ जीवन कौशल शिक्षा के महत्व और भविष्य में आने वाली चुनौतियों से लड़ने के गुण सीखे। आओ सीखे जीवन कुशलताएठ कार्यक्रम का शुभारंभ सरस्वती वंदना एवम् दीप प्रज्वलन के साथ हुआ। 29 मार्च 2024 को प्रदीप कुमार, सचिव निपुण, ने स्वागत संबोधन के दौरान उपस्थित गणमान्य अतिथियों एवं युवा किशोरियों को जीवन कौशल शिक्षा जैसे -स्व-ज्ञान, निर्णय लेना, पारस्परिक समंध, भावनात्मक तथा तनाव दूर करने से समन्वित



समस्याओं के समाधान कैसे करें इत्यादि विषयों को विस्तार से बताया तथा सभी को प्रेरित किया कि अपने जीवन कौशल शिक्षा को अमल में लायें और अपने व्यक्तिगत जीवन, परिवार, मित्रों और आस पड़ोस को भी जीवन कौशल शिक्षा के महत्व से भी अवगत कराये। मधु अग्रवाल ने बालिका शिक्षा, योग एवम् नेतृत्व विकास व क्षमतावर्धन के संदर्भ में सभी सहभागियों को भी प्रेरित किया। सुश्री सुधा गुप्ता, कार्यक्रम प्रबंधक, निपुण ने सभी सहभागियों को जीवन में योग और उसके महत्व के विषय को समझाया। साथ ही साथ तनाव से दूर रहने के लिए योग की कई विधियों को बताया।



निपुण स्वयंसेवी संस्था ने दिल्ली स्टेट एड्स कंट्रोल सोसाएटी के सहयोग से चल रहे टार्गेट इंटरवेंशन प्रोजेक्ट के तहत ट्रांसजेंडर समुदाय के सशक्तिकरण पर सभा का आयोजन किया।

जरूरतमंद बच्चों ने दिल्ली के ऐतिहासिक स्थानों पर भ्रमण किया

नई दिल्ली। दिल्ली आज के इस प्रतिस्पर्धी माहौल में बच्चों को केवल किताबी ज्ञान ही नहीं बल्कि शैक्षणिक भ्रमण करना भी आवश्यक है। शैक्षिक भ्रमण बच्चों के लिए बहुत ही रोमांचकारी होता है, इससे बच्चों का मानसिक विकास, भावनात्मक, रचनात्मक विकास भी होता है साथ ही साथ बच्चों में नई ऊर्जा, उत्साह, उमंग और जिज्ञासा की भावना जागृत होती है और ऐतिहासिक स्थलों के बारे में उनका ज्ञान और समझ बढ़ती है। निपुण संस्था का मानना है कि शैक्षणिक यात्राएँ पारंपरिक कक्षा की चारदीवारी के बाहर बच्चों को नई जानकारी सीखने का अवसर प्रदान करती है जो पाठ्यपुस्तकों और अन्य शिक्षण विधियों से अलग होता है। ऐसी यात्राओं में भाग लेने से बच्चों में रचनात्मक-सोच की वृद्धि होती है और अनौपचारिक वातावरण में मजेदार गतिविधियों को सिखने का मौका मिलता है। निपुण संस्था ने झुग्गी झोपड़ी एवम् निर्माण क्षेत्रों के 54 लाभार्थियों विशेषकर बालिकाओं हेतु



एक शैक्षिक भ्रमण का आयोजन किया। इसके तहत सभी बालक, बालिकाओं ने राष्ट्रपति भवन, अमृत उद्यान, ऐतिहासिक लाल किला, राजघाट, युद्ध स्मारक और झैंडा गेट को देखा और उनके ऐतिहासिक पहलुओं को बारीकी से जाना। सभी बालक, बालिकाओं के लिए अमृत उद्यान मुख्य आकर्षण का केंद्र बना रहा जहाँ पर लाभार्थियों ने प्राकृतिक सौन्दर्य

के साथ-साथ, रंग-बिरंगे फूलों की छटा भी देखी। सभी लाभार्थी ट्यूलिप, डेफोडिल, एशियाई लिली, ओरिएंटल, लिली और कई अन्य दुर्लभ मौसमी फूलों से सजे लुभावने परिदृश्यों से मंत्रमुग्ध हो गए। निपुण का शैक्षिक यात्रा का प्राथमिक उद्देश्य भारत के समृद्ध इतिहास और विरासत के बारे में लाभार्थियों की समझ को गहरा करना था तथा जिन स्थानों को वे अभी तक

केवल किताबों में पढ़ते हैं उन्हें शैक्षिक भ्रमण द्वारा वास्तविकता में दिखाना। कुल मिलाकर, यह भ्रमण सभी लाभार्थियों के लिए एक सुखद और समृद्ध अनुभव प्रदान करने वाला था। यात्रा के दौरान, सभी लाभार्थी उत्साह और जिज्ञासा से भरे हुए थे, जिससे एक लाभार्थी भारत की माननीय राष्ट्रपति श्रीमती द्रौपदी मुर्मू से मिलने के लिए अति उत्साहित दिखी।

NIPUN continues its efforts to achieve its vision i.e. literate, healthy and self-reliant Community through its various programmes. Your support shall strengthen the drive.

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